SYSTEMATIC LITERATURE REVIEW (SLR) :

PARENTING EDUCATION OF PARENTS TOWARDS

EARLY CHILDHOOD CHARACTER BUILDING IN THE DIGITAL AGE

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ABSTRACT

Building children's character from an early age is essential to prepare them for the obstacles and circumstances they may face in the future. Effective parenting allows parents to mold their children's personalities with positive values, social skills and strong character. It is important for parents to realize their role as teachers and role models for their children and provide consistent support and guidance in their children's personal development. This article investigates how digital influences affect character development through the use of Systematic Literature Review (SLR) research method. The results of the SLR show the importance of the role of parents in shaping the personality of the younger generation in the digital era. from an early age. This article offers insights on how to provide appropriate educational advice and supervision in today's digital age, in line with positive values, good skills, and safety, through a core analysis of existing research.

Keywords: role, character, parents, digital age, children, development

INTRODUCTION

Berk (2007)1 states that each family member influences each other and has a direct or indirect influence on other family members, then Berk also argues that the role of parents in raising children is very helpful in realizing their potential, and this parenting style is more sensitive, consistent, and helps in children's growth and development. Parenting is very important and contributes significantly to all aspects of child growth and development as well as a significant impact on children's behavior, personality, and emotional balance. Parenting in children is closely related to daily life in the family. This upbringing is very important. The role of parents is very important in guiding the development of children. However, sometimes they can give inappropriate treatment, such as rules that are too strict or letting children free without paying attention to their needs and stages of development, especially in this digital era. It is important for parents to find a balance between providing appropriate boundaries and providing proper freedom, while still being mindful of the child's safety and needs. Open communication between parent and child is also very important in this process. Currently, the rise of digital development is recognized to provide convenience for human life, but on the other hand it can create a gap / distance between parents

and children, which often ends with dissident children or other developmental problems (Safiera, 2016: Mirawati 2019).

Character education should be applied from an early age. This period is an important foundation for the formation of the future individual. Changing one's character is not an easy thing because it takes time, consistency in habituating attitudes and behaviors, and a continuous process. Even so, with the right approach and starting early, we still have the opportunity to instill good character in someone. One way to form an independent character in children is through habituation methods. This method was chosen because at an early age, children are still vulnerable and easily distracted, so there is a need for sustainable approaches to regulate their behavior, skills, abilities, and mindset. Ulwan's opinion (1995) supports this by stating that habituation is a very appropriate method in early childhood education because children tend to be more responsive to teaching and habituation at this time compared to other ages. (Darmawan. D, 2023).

Through proper habituation, children can develop strong independent character. Some actions that can be taken by parents are consistency, it is important to be consistent in enforcing the desired rules and habits. Give clear direction and ensure that the rules are applied consistently on a daily basis. For example, teaching children to clean their toys after playing or waking them up at the same time every morning. Then the thing that can be done is to set an example correctly. Parents act as important models in the formation of children's habits. Show your child how to implement the desired habits by performing and showing direct examples. For example, if you want your child to read a book every day, read the book with them and give an example of how fun and important reading is. After that, give praise and appreciation to children when they successfully implement the desired habits. It provides positive motivation and reinforces desired habits. For example, give praise to your child when they clean their room well or successfully complete their homework on time. Parents should also get involved and support children in building new habits by providing help and guidance. Engage in activities that involve such habits, such as cleaning together or helping children make their daily schedule. This helps the child feel supported and helped in establishing independent habits. Parents also need to have patience and consistency in the process of building positive habits requires patience and consistency. Your child may experience difficulties or break habits from time to time, but it's important to stay calm, consistent, and continue to provide positive support. With consistent time and practice, children will improve their habits. So that by applying effective habituation methods, children can build a strong independent character. It is important to set a positive example, consistency, and support in this process. With the right guidance and patience, your child will be able to internalize positive habits and become more independent.

Using habituation methods in children is difficult, but there are several strategies that can help overcome the situation by establishing open communication with children. Listen carefully and try to understand their point of view, explain well why the habit is important and what benefits it can take, discuss the expectations and results of practicing the habit. Giving them options within set boundaries helps them feel more included and in control of their decisions. For example, allowing them to choose between a sequence of activities or how to complete a task increases the child's sense of responsibility and motivation in carrying out the habit. to make it easier to create a daily schedule and visual reminders to help your child remember and follow desired habits. Use pictures, posters, or notes that catch the user's attention and are

easy to understand and this will help remind and motivate children to do the desired habits Don't forget to give support and praise when your child successfully implements the desired habits can also reward their efforts and give targeted and positive praise, this reinforces the desired behavior and builds the child's self-confidence. Keys to practicing desired habits When your child breaks a habit, give appropriate consequences and follow through consistently This will help children understand that they must follow rules and customs. Involve children in developing rules and habits, discuss their goals and benefits, and have them suggest ways to practice those habits in a way that is more enjoyable or suits their personality but as parents must be patient and flexible Remember that each child is a unique individual, be patient during this process and adjust the approach as needed one method does not work, Try other approaches or strategies that are more suitable for your child.

Some impacts that must be considered by parents related to the rise of the digital era so that things do not happen such as, inappropriate content because children are easily exposed to content that is not age appropriate or inappropriate. Parents must meet this challenge by monitoring and restricting children's access to inappropriate content. This requires constant monitoring and understanding of the technology used by children. Online safety is also a significant challenge for parents. Children can be exposed to risks such as fraud, harassment, or cyberbullying. Parents should be active in teaching children how to maintain privacy, avoid sharing personal information, and report inappropriate behavior. They also need to use security tools, such as content filters or security software, to protect children from online threats. Then children tend to be dependent on technology. Children can become overly dependent on technology, such as gadgets or social media. Parents need to meet this challenge by helping children develop other activities that don't involve technology, such as playing outdoors, reading books, or interacting directly with friends. They also need to set screen time limits and encourage children to use technology in a balanced way. Therefore, lack of communication and family connections in excessive use of technology can interfere with healthy family communication and connections. Parents may face challenges in creating quality time with children without the distraction of technology. This requires awareness and discipline in managing family time that is free from gadgets. In addition, there is inaccurate information scattered. In the information-packed digital age, parents need to face challenges in helping children know the difference between true and incorrect information. Parents are obliged to teach children about the importance of checking and choosing sources of information, which are accurate and compare various sources, making children always question unclear information.

Research Methodology
This research is by the method of Systematic Literature Review (SLR), a reproducible approach to systematically identify, evaluate, explicit and synthesize relevant research works and thoughts with a specific purpose, namely to explore the importance of early childhood education and the role of learning communities in forming a strong early foundation.
The research process begins by formulating a clear research question: "How important is the role of parents to early childhood parenting education in the digital age?"
Furthermore, the focus of research is aimed at journals that focus on the importance of the role of parents, using relevant keywords such as parenting, parents, digital age. Literature study searches are conducted through Google Scholar by limiting the time span from 2010 to 2024.

After collecting the appropriate articles, a careful selection process is carried out. From the 40 articles collected, 10 articles were selected that were most relevant to the research topic. The articles are then studied in depth, and from there, the 6 articles that best fit the material
Early childhood education was selected for inclusion in the analysis. The remaining 30 articles did not meet the inclusion criteria or were not relevant to the research objectives.

Through the flow diagram of the article inclusion and exclusion process, it can be seen that the selection process is carried out systematically and transparently, thus ensuring that the selected articles are in accordance with the research objectives. This helps ensure that research results have a solid and reliable basis in answering the research questions posed
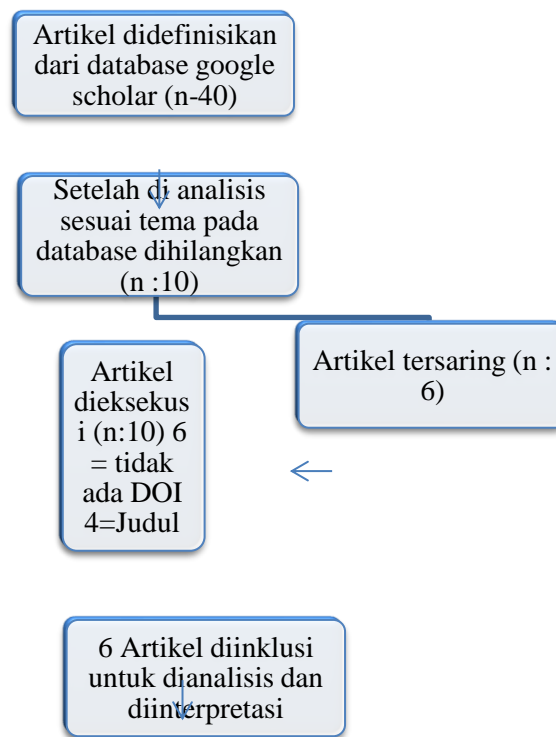

Figure 1. Flowchart related to Systematic Literature Review (SLR) steps

RESULTS AND DISCUSSION

TabeI. 1 Research on Early childhood education builds a strong early foundation.

NO.	Researchers and years of researcher	Journal	Research Results
1.	Mirawati, M., Ananthia, W., Silawati, E., &; Yuniarti, Y. (2021).	Implementation of Parenting Education in the Digital Age for Indonesians Abroad. Naturalistic: Journal of Education and Learning Studies and Research	This research shows that each family member influences each other and has a direct and indirect influence on other family members. Parents play an important role in parenting and make a meaningful

			contribution to all aspects of child development. Furthermore, parenting has a significant impact on a child's behavior, personality, and emotional balance.
2.	Aini, N. Q. Faturohman, N, & Darmawan, D.. (2023)	JECIE (*Journal of Early Childhood* and Inclusive Education). Application of Strengthening Character Education through Habituation Method for the Formation of Early Childhood Independence in KB Azzahroh Serang.	The results of this study are related to how to make character education a habit that should be carried out from an early age. Because this becomes an important basis for training individuals in the future. Because changing one's personality is not easy and takes time, continuous habituation of attitudes and behaviors, and a continuous process. But with the right approach and starting early, you can instill good character in someone. Children at this age tend to respond more strongly to teaching and habituation than at other ages, so the use of appropriate habituation methods in early childhood education has a positive effect.
3.	Hasibuan, A. (2022).	The importance of instilling the value of character education in children from an early age in the digital era.	Character education is an attempt to teach religious, moral, and ethical values to students through knowledge, with parental support as the first and foremost source. It has an important role in shaping the personality and development of students. In the digital age, children have easy access to digital media. Directing and supervising how children interact with digital media is the responsibility of parents in this digital age. The digital age not only brings positive impacts, but also negative. Therefore, parents must ensure that children use digital media healthily and in accordance with its positive benefits.
4.	Rini, T. P., &; Masduki, M. (2020).	Family character education in the digital age.	Character education is an effort to instill religious, moral, and ethical values in students through knowledge, with parental support as the main foundation. This is a crucial aspect in the formation of children's character. In this digital age, where children are increasingly accustomed to digital media, the responsibility of parents to guide and supervise the child's use of digital media is becoming increasingly important. The goal is that children can use digital

			media wisely, in accordance with their interests and positive developments in life.
5.	Sipahutar, R. J. (2023).	Factors Influencing the Development of Digital Literacy in Early Childhood in Indonesia.	When children grow up in an environment rich in individual uniqueness, they become unique individuals. In this case, the family plays a big role. Because, the family is the closest group and the most significant primary environment for children. The solution to all these problems is how parents raise their children (parenting). In the family to avoid negative influences. The digital era has a major impact on aspects of children's growth and development. And the digital age can change children's mindsets and social interactions.
6.	Dwi Asalia, N. (2021).	The Role of Device Use in Early Childhood Cognitive Development (Analysis of Systematic Literature Review) (Doctoral dissertation, IAIN Purwokerto).	Many parents consciously and consciously introduce their children to the digital world without thinking about the impact. This is so that children do not interfere in the actions of parents, and it is not uncommon for parents to argue that children want to eat. With the presence of digital, this actually becomes a bad habit, especially without the supervision of knowledgeable people. To prevent this situation from continuing and worsening the situation in children, it is best for parents to ensure that their children are supervised while using the device and pay attention to the content they consume.

From the results of research conducted on the importance of the role of parenting education for children by parents, character building from an early age is an important effort in preparing children to face challenges and situations in their lives in the future. In research, it was found that character education is not just about teaching proper or inappropriate concepts, but helping to feel and apply good values in their daily lives. Especially in the current digital era where there are many things that parents must pay attention to in educating children in this digital era, including by helping values and ethics because society also has the main responsibility to help children understand honest language and morals.

In the digital age, children can interact with a variety of non-positive content. Parents need to teach their children the values of integrity, empathy, perseverance, and a morally sound call to judgment. By providing proper guidance, adults can assist children in balancing between appropriate and inappropriate behavior while using technology. Adults also need to educate children about online safety. They need to

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educate themselves on privacy, including how to safeguard personal information such as passwords and online transactions. Adults also need to monitor and improve children's use of technology to ensure their safety.

Adults can help children develop positive and productive digital skills. They are able to convey knowledge about the use of technology openly and honestly, including the use of social media, the collection of accurate information, and the creative use of digital devices. Adults can also encourage children to use technology as a tool for self-development and education. Superior Time: In a digitally connected world, quality time between parent and child is crucial. Adults need to give their children time to interact with them without resorting to distractions such as technology. This allows for better communication, a deeper understanding of children's needs and feelings, as well as stronger group bonds. It is important for adults to pay attention to children when using technology. They should model responsible and ethical behavior when using technology, such as setting aside consistent study time, avoiding the use of electronic devices during family time, and engaging in quiet conversations with family members. Adults also need to monitor their children's internet activity and ensure that they engage in safe and useful content.

CONCLUSION AND ADVICE

The results of crucial conclusions regarding the important role of parental parenting education for early childhood in the digital era. One of the things parents can do to educate their children indoors in this digital age is to help them learn how to use technology. Through this support, parents can supervise their children and provide positive content to help them and take advantage of technological advances as they grow and develop. Parents who become child educators must strive to utilize digital technology and various online media safely, skillfully and correctly in daily interactions.

Indeed, today, digital technology has many fundamental advantages to increase creativity, As parents in the digital era, it is important to develop communication systems, utilize distance learning, participate in social networks, support business growth, and improve public services. You need to establish communication with children no matter how busy it is because we must have awareness that children have the right to get protection and supervision.

HEIRLOOMS

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